Searching for Dark Matter and Variation of Fundamental Constants with Laser and Maser Interferometry

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Any slight variations in the fundamental constants of nature, which may be induced by dark matter or some yet-to-be-discovered cosmic field, would characteristically alter the phase of a light beam inside an interferometer, which can be measured extremely precisely. Laser and maser interferometry may be applied to searches for the linear-in-time drift of the fundamental constants, detection of topological defect dark matter through transient-in-time effects, and for a relic, coherently oscillating condensate, which consists of scalar dark matter fields, through oscillating effects. Our proposed experiments require either minor or no modifications of existing apparatus, and offer extensive reach into important and unconstrained spaces of physical parameters.

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The idea that the fundamental constants of nature might vary with time can be traced as far back as the large numbers hypothesis of Dirac, who hypothesized that the gravitational constant G might be proportional to the reciprocal of the age of the Universe [1]. More contemporary theories predict that the fundamental constants vary on cosmological time scales [2–4]. Astronomical observations of quasar absorption spectra hint at the existence of a spatial gradient in the value of the fine-structure constant, $\alpha = e^2/\hbar c$ [5,6]. Data samples from the Keck Telescope and Very Large Telescope [7,8] independently agree on the direction and magnitude of this gradient, which is significant at the 4.2σ level. A consequence of this astronomical result is that, since the solar system is moving along this spatial gradient, there should exist a corresponding temporal shift in α in Earth's frame of reference at the level $\delta \alpha / \alpha \sim 10^{-19} / \text{yr}$ [9]. Finding this variation with laboratory experiments could independently corroborate the astronomical result. To date, atomic clocks have provided the most sensitive laboratory limit on annual variations in α : $\delta \alpha / \alpha \lesssim 10^{-17} / \text{yr}$ [10].

The question of dark matter (DM), namely, its identity, properties, and nongravitational interactions, remains one of the most important unsolved problems in physics. Various DM candidates and searches therefore have been proposed over the years [11]. One such candidate is the axion, a pseudoscalar particle that was originally introduced in order to resolve the strong CP problem of quantum chromodynamics (QCD) [12,13] (see also [14–17]). The axion is believed to have formed a condensate in the early Universe [18]. This relic axion condensate can be sought for through a variety of distinctive signatures (see, e.g., [19–26]). Likewise, a condensate consisting of a scalar DM particle may also have formed. The scalar field η comprising this condensate oscillates with frequency $\omega \approx m_{\eta}c^2/\hbar$ and may couple to the fermion fields:

$$\mathcal{L}_{\text{int}}^{f} = -\sum_{f=e,p,n} \eta_0 \cos(m_\eta c^2 t/\hbar) \frac{m_f c^2}{\Lambda_f} \bar{f} f, \qquad (1)$$

where f is the fermion Dirac field and $\bar{f} = f^{\dagger} \gamma^{0}$, and to the electromagnetic field

$$\mathcal{L}_{\rm int}^{\gamma} = \frac{\eta_0 \cos(m_\eta c^2 t/\hbar)}{4\Lambda_{\gamma}} F_{\mu\nu} F^{\mu\nu}, \qquad (2)$$

where *F* is the electromagnetic field tensor. Λ_X is a large energy scale, which from gravitational tests is constrained to be $\Lambda_X \ge 10^{21}$ GeV [27]. Equations (1) and (2) alter the fundamental constants in an oscillating manner as follows, respectively,

$$m_f \to m_f \left[1 + \frac{\eta_0 \cos(m_\eta c^2 t/\hbar)}{\Lambda_f} \right],$$
 (3)

$$\alpha \to \frac{\alpha}{1 - \eta_0 \cos(m_\eta c^2 t/\hbar)/\Lambda_\gamma} \simeq \alpha \left[1 + \frac{\eta_0 \cos(m_\eta c^2 t/\hbar)}{\Lambda_\gamma} \right].$$
(4)

Quadratic couplings in η , with the replacement $\eta_0 \cos(m_\eta c^2 t/\hbar)/\Lambda_X \rightarrow [\eta_0 \cos(m_\eta c^2 t/\hbar)/\Lambda'_X]^2$ in Eqs. (1)–(4), are also possible. Λ'_X is a less strongly constrained energy scale, with constraints from laboratory and astrophysical observations given by $\Lambda'_X \ge 10^4$ GeV [28]. We note that the quadratic portal gives rise to not only oscillating effects, but may also lead to nonoscillating space-time variation of the fundamental constants: $\delta X/X = \eta_0^2/2(\Lambda'_X)^2$, which arises due to space-time variations in $\langle \eta^2 \rangle$. These effects may be sought for using terrestrial experiments (atomic clocks, Oklo natural nuclear reactor, and laser and maser interferometry as suggested in this Letter) and astrophysical observations (quasars, white dwarves, big bang nucleosynthesis, cosmic microwave background measurements).

Another possible DM candidate is topological defect DM, which is a stable nontrivial form of DM that consists of light DM fields and is stabilized by a self-interaction potential [29] (self-gravitating DM fields can also form solitons, see e.g. Ref. [30]). These objects may have various dimensionalities: 0D (monopoles), 1D (strings), or 2D (domain walls). The transverse size of a topological defect depends on the mass of the particle comprising the defect, $d \sim \hbar/m_{\phi}c$, which may be large (macroscopic or galactic) for a sufficiently light DM particle. The light DM particle comprising a topological defect can be either a scalar, pseudoscalar, or vector particle. Recent proposals for pseudoscalar-type defect searches include using a global network of magnetometers to search for correlated transient spin precession effects [31] and electric dipole moments [32] that arise from the coupling of the scalar field derivative to the fermion axial vector currents. Recent proposals for scalar-type defect searches include using a global network of atomic clocks [27], and Earth rotation and pulsar timing [32], to search for transientin-time alterations of the system frequencies due to transient-in-time variation of the fundamental constants that arise from the couplings of the scalar field to the fermion and photon fields. The best current sensitivities for transient-in-time variations of the fundamental constants on the time scale of $t \sim 1-100$ s with terrestrial experiments are offered by atomic clocks, with an optical-optical clock combination [33,34] sensitive to variations in $\alpha: \delta \alpha / \alpha \sim$ 10^{-15} -10⁻¹⁶ and a hyperfine-optical clock combination [35] to variations in the electron-to-proton mass ratio $m_e/m_p: \delta(m_e/m_p)/(m_e/m_p) \sim 10^{-13} - 10^{-14}$.

There are many possibilities for the interactions of topological defect DM particles with the standard model particles. Here we consider couplings with a quadratic dependence on the scalar field, which were considered previously in Refs. [27,32]. A scalar dark matter field ϕ may interact with fermions via the coupling

$$\mathcal{L}_{\text{int}}^{f} = -\sum_{f=e,p,n} m_f \left(\frac{\phi c}{\Lambda'_f}\right)^2 \bar{f}f,$$
(5)

and with photons via the coupling

$$\mathcal{L}_{\rm int}^{\gamma} = \left(\frac{\phi}{\Lambda_{\gamma}'}\right)^2 \frac{F_{\mu\nu}F^{\mu\nu}}{4},\tag{6}$$

Equations (5) and (6) alter the fundamental constants in a transient manner as follows, respectively,

$$m_f \to m_f \left[1 + \left(\frac{\phi}{\Lambda'_f} \right)^2 \right],$$
 (7)

$$\alpha \to \frac{\alpha}{1 - (\phi/\Lambda_{\gamma}')^2} \simeq \alpha \left[1 + \left(\frac{\phi}{\Lambda_{\gamma}'}\right)^2 \right].$$
(8)

In the present work, we point out that laser and maser interferometry may be used as particularly sensitive probes to search for linear-in-time, oscillating and transient variations of the fundamental constants of nature, including α and m_e/m_p . Laser and maser interferometry are very well established techniques and have already proven to be extremely sensitive probes for exotic new physics, including searches for the aether, tests of Lorentz symmetry [36], and gravitational wave detection [37]. Laser interferometry has also recently been proposed for the detection of dilaton dark matter [38].

We consider the use of an interferometer with two arms of lengths L_1 and L_2 , for which the observable is the phase difference $\Delta \Phi = \omega \Delta L/c$ between the two split beams, where ω is the reference frequency and $\Delta L = L_1 - L_2$. In the absence of any variation of fundamental constants, the two split beams interfere destructively $[\Delta \Phi = (2N + 1)\pi$, where N is an integer]. In the presence of variation of the fundamental constants, the reference frequency changes, as do the arm lengths, due to changes in the sizes of the atoms, which make up the arms. Depending on the type of laser or maser, as well as the arm lengths and materials used, the net result may be a change in the phase difference, $\delta(\Delta \Phi)$.

Consider the simpler case when a laser or maser without a resonator is used, for example, the nitrogen laser operating on the ${}^{3}\Pi_{u} \rightarrow {}^{3}\Pi_{g}$ electronic transition and superradiant Raman lasers [39–41]. In this case, ω is determined entirely by the specific atomic or molecular transition, the simplest archetypes of which are the electronic Rydberg $(\omega \sim e^{2}/a_{B}\hbar)$, hyperfine $(\omega \sim (e^{2}/a_{B}\hbar)(m_{e}/m_{p})\alpha^{2+K_{rel}}\mu)$, vibrational $(\omega \sim (e^{2}/a_{B}\hbar)\sqrt{m_{e}/m_{p}M_{r}})$, and rotational $(\omega \sim (e^{2}/a_{B}\hbar)(m_{e}/m_{p}M_{r}))$ transitions, where μ is the relevant nuclear magnetic dipole moment, K_{rel} is the derivative of the hyperfine relativistic (Casimir) correction factor with respect to α , and $m_{p}M_{r}$ is the relevant reduced mass. The sensitivity coefficients K_{X} are defined by

$$\frac{\delta(\Delta\Phi)}{\Delta\Phi} = \sum_{X=\alpha, m_e/m_p, m_q/\Lambda_{\rm QCD}} K_X \frac{\delta X}{X}, \qquad (9)$$

where m_q is the quark mass and $\Lambda_{\rm QCD}$ is the QCD scale, and are given in Table I for several archetypal transitions, where we have made use of the relation $\delta(\Delta L)/\Delta L \approx \delta a_B/a_B$ for

TABLE I. Sensitivity coefficients for α , m_e/m_p , and $m_q/\Lambda_{\rm QCD}$ for a laser or maser without a resonator and operating on typical atomic and molecular transitions. The values of $K_{\rm rel}$ and $K_{m_q/\Lambda_{\rm QCD}}$ for ⁸⁷Rb and ¹³³Cs have been taken from [42] (see also Refs. [43,44]).

Transition	K_{α}	K_{m_e/m_p}	$K_{m_q/\Lambda_{ m QCD}}$
Electronic	1	0	0
Hyperfine (⁸⁷ Rb)	3.34	1	-0.016
Hyperfine (^{133}Cs)	3.83	1	0.009
Vibrational	1	1/2	0
Rotational	1	1	0

 $\Delta L \neq 0$ (a_B is the Bohr radius). Since $\delta(\Delta \Phi)$ is proportional to $\Delta \Phi$, a higher laser frequency gives a larger effect.

Note that, unlike atomic clock experiments [10,45–47] and astrophysical observations [5,7,48] that search for a variation in the fundamental constants, in which two different transition lines are required to form the dimensionless ratio ω_A/ω_B , laser and maser interferometry can in principle be performed with only a single line, since the observable $\Delta \Phi$ is a dimensionless parameter by itself. However, one may also perform two simultaneous interferometry experiments with two different transition lines, using the same set of mirrors. Treating variations in frequencies (which depend only on the fundamental constants) and lengths independently (for variations in the latter may also arise due to undesired effects), we find

$$\delta X = \frac{c[\omega_A \delta(\Delta \Phi_B) - \omega_B \delta(\Delta \Phi_A)]}{\Delta L(\omega_A \frac{\partial \omega_B}{\partial Y} - \omega_B \frac{\partial \omega_A}{\partial Y})},\tag{10}$$

where X is a particular fundamental constant. In particular, we note that shifts in the arm lengths do not appear in Eq. (10), meaning that undesirable effects, such as seismic noise or tidal effects, are not observed with this setup and high precision may, in principle, be attained for low-frequency (large time scale) effects. This is quite distinct from conventional interferometer searches for gravitational waves, which have comparatively low sensitivity to low-frequency effects, since, in this case, deviations in arm lengths are sought explicitly and low-frequency systematic effects greatly reduce the sensitivity of the apparatus in this region.

Consider now the case when a laser or maser containing a resonator is used, for instance, the Nd:YAG solid-state laser. In this case, ω is determined by the length of the resonator, which changes if the fundamental constants change. In the nonrelativistic limit, the wavelength and ΔL (as well as the size of Earth) have the same dependence on the Bohr radius and so there are no observable effects if changes of the fundamental constants are slow (adiabatic). Indeed, this may be viewed as a simple change in the measurement units. Transient effects due to topological defect DM passage may still produce effects, since changes in ω and ΔL may occur at different times. We note that a global terrestrial network (LIGO, Virgo, GEO600 and TAMA300) or a space-based network of interferometers (LISA) are particularly well suited to search for topological defects through the correlated effects induced by defects. Likewise, temporal correlations of homogeneous effects (including linear-in-time and oscillating effects) produced in several different interferometers can also be sought for.

The sensitivity of interferometry to nontransient effects is determined by relativistic corrections, which we estimate as follows. The size of an atom *R* is determined by the classical turning point of an external atomic electron. Assuming that the centrifugal term $\sim 1/R^2$ is small at large distances, we obtain $(Z_i + 1)e^2/R = |E|$, where *E* is the

energy of the external electron and Z_i is the net charge of the atomic species (for a neutral atom $Z_i = 0$). This gives the relation $\delta R/R = -\delta |E|/|E|$. The single-particle relativistic correction to the energy in a many-electron atomic species is given by [49]

$$\Delta_n \simeq E_n \frac{(Z\alpha)^2}{\nu(j+1/2)},\tag{11}$$

where $E_n = -m_e e^4 (Z_i + 1)^2 / 2\hbar^2 \nu^2$ is the energy of the external atomic electron, *j* is its angular momentum, *Z* is the nuclear charge, and $\nu \sim 1$ is the effective principal quantum number. The corresponding sensitivity coefficient in this case is

$$K_{\alpha} = 2\alpha^2 \left[\frac{Z_{\rm res}^2}{\nu_{\rm res}(j_{\rm res} + 1/2)} - \frac{Z_{\rm arm}^2}{\nu_{\rm arm}(j_{\rm arm} + 1/2)} \right].$$
(12)

Note that the sensitivity coefficient depends particularly strongly on the factor Z^2 . $|K_{\alpha}| \ll 1$ for light atoms and may be of the order of unity in heavy atoms. Furthermore, the arms of different length can also be replaced by two arms (of the same length) made from different materials, for which the coefficients $Z^2/\nu(j + 1/2)$ are different.

We estimate the sensitivity to variations in m_e/m_p from the differences in the internuclear separations in molecular H₂ and D₂, which are 0.74144 and 0.74152 Å, respectively [50]. These data give $\delta R/R \approx -10^{-4} \delta (m_e/m_p)/(m_e/m_p)$. Since only differences in the coefficients of proportionality for the arm and resonator are observable in principle, the corresponding sensitivity coefficient is therefore $|K_{m_e/m_p}| \lesssim 10^{-4}$.

Note that for a slow variation of fundamental constants (which includes linear-in-time effects, transient effects due to a slowly moving and/or large topological defect, and low-frequency oscillating effects), the laser or maser resonator may be locked to an atomic or molecular frequency. In these cases, the sensitivity coefficients will be the same as those for the case in which a laser or maser without a resonator is used.

We estimate the sensitivity of laser and maser interferometry to effects stemming from a relic, coherently oscillating condensate, which consists of scalar DM fields. The typical spread in the oscillation frequencies of the scalar DM particles, which make up the condensate, is given by $\Delta\omega/\omega \sim (\frac{1}{2}m_{\eta}v^2/m_{\eta}c^2) \sim (v^2/c^2)$, where a virial velocity of $v \sim 10^{-3}c$ would be typical in our local Galactic neighborhood. From the strain sensitivity curves of various interferometers [51–53], and assuming that the condensate consisting of a scalar DM particle saturates the known local cold DM content, $\eta_0^2 m_{\eta}^2 c^2/2\hbar^2 \sim 0.4$ GeV/cm³, we arrive at the accessible region of parameter space shown in Fig. 1, in which we assume the use of a laser without a resonator. The region of parameter space accessible by the recently constructed Fermilab Holometer (L = 40 m) [54] is expected to be similar to those accessible by the interferometers as shown in Fig. 1, but shifted toward higher scalar DM masses by several orders of magnitude.

Finally, we estimate the sensitivity of laser and maser interferometry to effects stemming from topological defects, which consist of scalar DM fields, using the simple model of a domain wall with a Gaussian cross-sectional profile of root-mean-square width d. The simplest domain wall direction of incidence to consider (which produces nonzero effects) is directly along one of the interferometer arms (towards the laser source, without loss of generality). Neglecting relativistic effects and assuming the use of a resonator-based laser, the time-domain signal is given by

$$\frac{\delta(\Delta\Phi(t))}{\Delta\Phi} = \frac{\rho_{\text{TDM}} v \tau d\hbar c}{(\Lambda'_X)^2} \cdot \left\{ \frac{d\sqrt{\pi}}{2L} \left[\text{erf}\left(\frac{L+tv}{d}\right) - \text{erf}\left(\frac{tv}{d}\right) \right] - \exp\left(\frac{-t^2 v^2}{d^2}\right) \right\},\tag{13}$$

where ρ_{TDM} is the energy density associated with a topological defect network, v is the typical speed of a defect, τ is the average time between encounters of a system with defect objects, and erf is the standard error function. Cosmological models of topological defect DM have sufficient flexibility for topological defects to be the dominant contributor to the total DM content of the universe [27]. For the purposes of estimating the sensitivity of laser interferometers to topological defects, we may hence assume $\rho_{\text{TDM}} \sim 0.4 \text{ GeV/cm}^3$. Also, from hints offered by pulsar timing data in relation to the pulsar glitch phenomenon [32], we assume $\tau \sim 1$ year. The power spectrum corresponding to the time-domain signal in Eq. (13) is given by

$$\left|\frac{\delta(\Delta\Phi(f))}{\Delta\Phi}\right|^{2} \approx \frac{\rho_{\text{TDM}}^{2}v^{2}\tau^{2}d^{4}\hbar^{2}c^{2}}{16\pi(\Lambda'_{X})^{4}} \cdot \left|\frac{ie^{-(\pi f(\pi d^{2}f+4idv-2iLv)/v^{2})}}{fL}\left[\operatorname{erf}\left(\frac{L}{d}+2\right)e^{[\pi f(\pi d^{2}f-2iLv)/v^{2}]} - e^{(4i\pi df/v)}\operatorname{erf}\left(\frac{i\pi df}{v}+\frac{L}{d}+2\right)\right] + \operatorname{erf}\left(2e^{[\pi df(\pi df+8iv)/v^{2}]} + e^{(4i\pi df/v)}\operatorname{erf}\left(\frac{i\pi df}{v}-2\right)\right] - \frac{2\pi e^{-(\pi^{2}d^{2}f^{2}/v^{2})}}{v}\left[\operatorname{erf}\left(-\frac{i\pi df}{v}+\frac{L}{d}+2\right) + \operatorname{erf}\left(2+\frac{i\pi df}{v}\right)\right] - \frac{ie^{-[\pi df(\pi df+4iv)/v^{2}]}}{fL}\left[\operatorname{erf}(2)e^{(\pi^{2}d^{2}f^{2}/v^{2})} + \operatorname{erf}\left(\frac{L}{d}+2\right)e^{[\pi f(\pi d^{2}f+8idv+2iLv)/v^{2}]} - e^{(4i\pi df/v)}\operatorname{erf}\left(-\frac{i\pi df}{v}+\frac{L}{d}+2\right) - e^{(4i\pi df/v)}\operatorname{erf}\left(2+\frac{i\pi df}{v}\right)\right]^{2},$$
(14)

with the following asymptotic limit when $d \gg L$:

$$\left|\frac{\delta(\Delta\Phi(f))}{\Delta\Phi}\right|^2 \sim \frac{\pi^3 \rho_{\text{TDM}}^2 \tau^2 d^4 L^2 f^2 \hbar^2 c^2 \exp(\frac{-2\pi^2 f^2 d^2}{v^2})}{(\Lambda_X')^4 v^2}.$$
 (15)



From the power spectrum in Eq. (14), the plots for which are presented for interferometers of various sizes in the Supplemental Material [55], and the strain sensitivity curves of these interferometers [51–53], we arrive at the accessible region of parameter space shown in Fig. 2. We note that the sensitivity of interferometers drops rapidly



FIG. 1 (color online). Region of dark matter parameter space accessible by various interferometers. The shaded blue region corresponds to the region of parameter space excluded by existing laboratory and astrophysical observations [28].

FIG. 2 (color online). Region of dark matter parameter space accessible by various interferometers. The shaded blue region corresponds to the region of parameter space excluded by existing laboratory and astrophysical observations [28].

with increasing values of *d* when $d \gtrsim L$. For instance, for a LIGO interferometer (L = 4 km), the sensitivity to defects with d = 40 km is $\Lambda'_X \lesssim 10^{-4}$ GeV. The region of parameter space accessible by the Fermilab Holometer [54] is expected to be similar to those accessible by the interferometers as shown in Fig. 2, but with a rapid drop in sensitivity occurring for $d \gtrsim 100$ m.

We hence suggest the use of laser and maser interferometry as particularly sensitive probes to search for linear-in-time, oscillating, and transient variations of the fundamental constants of nature, including α and m_e/m_p . Our proposed experiments require either minor or no modifications of existing apparatus, and offer extensive reach into important and unconstrained spaces of physical parameters. We note that oscillating variation of fundamental constants due to a scalar condensate may also be sought for using atomic clocks.

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